

PARTY TIME Mixes

GARDEN SPINACH

Servings Per Prepared Mix

Makes 2 Cups

Mix Packet Weight

1.1 oz.

Product Shelf Life

Unprepared (dry mix still in package): 1 year from the purchasing date (see best by date on label). You can use our packaged/ unprepared mix products even if they are 2 years old; however, they won't be fresh. If mix package seal is broken (seal keeping the dry mix in plastic bag), DO NOT consume! Safety first!

Prepared (dry mix NO longer still in package):

Expiration date is the expiration date of the ingredients you use in preparation of making the mix, which is often 7 days. You should follow the basic perishable food guidelines by going by what you used to prepare the mix. If in question, DO NOT consume! Safety first!

Please be sure our packaged mix products are stored in a dry/moisture controlled environment.



Ingredients (100% Natural Ingredients. No Preservatives. No MSG. Made in USA.)

spinach, onion, dill, salt, sugar and spices

Possible Allergens (All mixes are created in a Nut-Free environment.)

None

Directions

In a bowl, add 1 cup mayonnaise, 1 cup sour cream, and 1 package dip mix. Mix well. Chill 1 hour. Serve and enjoy!

LOW-FAT Instructions: Substitute with light sour cream and low-fat mayonnaise OR just use 2 cups of light sour cream or 2 cups of plain yogurt or 2 cups of greek yogurt or 2 cups of hummus.

Click “recipes” for additional ways to make this mix!

*Government Warning

- (1) According to the Surgeon General, women should not drink alcoholic beverages during pregnancy because of the risk of birth defects.
- (2) Consumption of alcoholic beverages impairs your ability to drive a car or operate machinery, and may cause health problems.

*Caution

When adding alcohol to any of our food and/or drink mixes, please understand that doing so will cause the finished product to contain alcohol. Any product containing alcohol is not suitable for people under the legal drinking age in your state. Please do not allow under-age people to consume products that contain alcohol or products you have added alcohol to.

Nutrition Facts

Serving Size (30g)
Servings Per Container 8

Amount Per Serving		% Daily Values*	
Calories 6.8			
Total Fat 0g			0%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 237mg			10%
Total Carbohydrate 1.6g			1%
Dietary Fiber 1g			4%
Sugars 0.7g			
Protein 0.2g			0%
Calcium 2%			Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g